



1



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Question:

**“What are You
Doing With Your
Time?”**

10



11



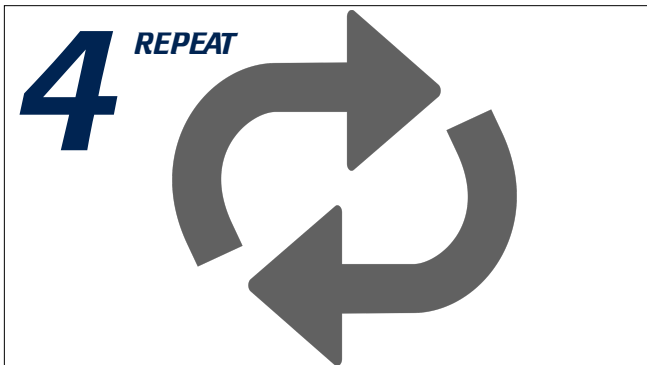
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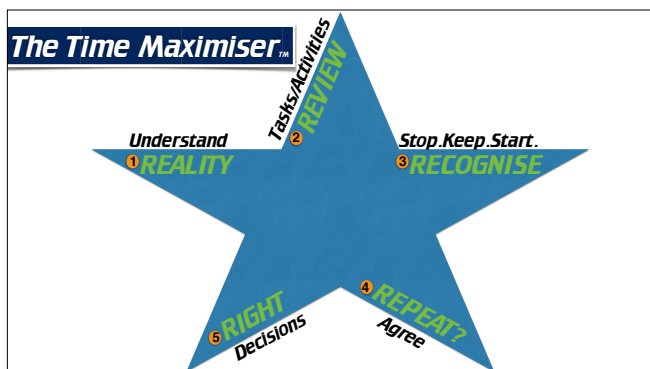
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17

Lifestyle Trade
Any Time, Any Day

WEEKLY JOURNAL 1 REALITY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00					
8:00					
9:00					
10:00					
11:00					
12:00					
13:00					
14:00					
15:00					
16:00					
17:00					
18:00					
19:00					
20:00					
21:00					
22:00					
23:00					

18

2 REVIEW

Work...

ACTIVITY			
answer phones	dashboard	write consenlogbs	BAS/PAY G follow up quotes
order materials	Business plan	weekly wages	write quotes design marketing material
book-keeping	marketing test & measure's results	book contractors	Marketing plan review supplier invoices
on tools	trademark	co-ordinate team	testimonials invoicing
collect mail	chase money	readrily emails	tool box meetings base with creative design marketing
self education	team meeting	company values	bank money individual meetings
insurances	10x Marketing	staff training	award entries <small>marketing materials</small>

STOP

KEEP

START

2 REVIEW

Home...

ACTIVITY				
cooking	food shopping	school lunches	bins out	paint house
weeding	vacuum	washing	life plan	clean out pantry
book holidays	vacuum	bank contractors	hang clothes on line	pick up toys
sorting mail	ironing	personal tax papers	gardening	arrange new bark chip
mun/ded tax	clothes shopping	clean fridge	school holiday stay home	clean out cupboards
dusting	filling	wash glass doors	pay bills	lacquer desk
kids homework	cleaning	dusting	mowing	shelving

STOP

KEEP

START



Lifestyle Tradie
by freedom to move

STOP. KEEP. START. 3 **RECOGNISE**

[illegible]

19

20

21

22

“Is this activity Repeatable?”

4 REPEAT

23

Grid:
blue-system
red-delegate

Time Maximiser™

Tasks/Activities

Stop. Keep. Start.

Decisions

1 REALITY

2 REVIEW

3 RECOGNISE

4 REPEAT

5 RIGHT

24



25



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